



Gil Hedley, Ph.D.

What's The Fuzz?

*~The Amazing Stories Our Bodies Tell
About Healthy Movement, Living Relationships,
and Our Vast Human Potential~*

**Brand New, 4 CE Hour Live-in-Person
Lecture Presentation Course!**

Mar. 12, 1-5pm
Mar. 14, 1-5pm
Mar. 16, 1-5pm
May 6, 1-5pm

NEW YORK, NY
RICHMOND, VA
CHARLOTTE, NC
GAINESVILLE, FL

THE COURSE: Through a keynote presentation featuring the latest images from my work in the dissection laboratory, our environment and culture, as well as Q&A interactions, we will explore the textural layers of the human form, particularly the connective tissues and fascia in their relationships, and their role in movement.

The presentation will include, and add significantly to, the material I developed for the 2016 British Fascia Symposium on the role of fascia in healthy movement and stuck movement.

We will also heighten our awareness and appreciation of ourselves from the inside out, and learn the basic principles of relationship that support our health, our movement, and our connections both within and among us.

4 CE hours for the NCBTMB, Florida
Massage Board, and/or PMA

TUITION: \$100

ENROLL ONLINE at www.gilhedley.com

*Book your spot now! Space is infinite, but the
venue-capacities are limited!*

In this course, you will:

- See and explore deeply within the human body from a unique and rarely demonstrated perspective,
- Expand, elevate and transform your understanding of human anatomy and yourself, and
- Bump up your touch and connection skills to a whole new level based on these essential insights regarding our life in human form.



Is this course for you?

The uncommon perspectives we will explore make the course appropriate for all who have a desire to understand their body and to experience their inner and outer relationships more fully, including:

- PTs, OTs, LMTs, bodyworkers, and their clients
- Yoga and Pilates teachers, Personal Trainers, and their clients
- Physicians, Academics, and their students
- Anyone wanting to better understand movement, their body, and their relationships!

Some of the images which will be shared are intense. If you are prepared to look deeply within the human body, and into yourself, you've come to the right place!

Dedicated to exploring inner space.tm